

FAIRFORD PE CURRICULUM MAP

	TERM 1 7weeks (14 Hrs)	TERM 2 7 Weeks (14hrs)	TERM 3 6 Weeks (12hrs)	TERM 4 5 weeks (10hrs)	TERM 5 6 weeks (12hrs)	TERM 6 7 weeks (14 hrs)
NURSERY	Listening to instructions Spatial awareness	Balancing Skills Simple ball skills	Gymnastics skills	Large movement skills. Hopping, skipping and jumping skills	Harder Ball skills Recap all previous skills	Team Games, Sports day type games Bat and ball skills
EYFS	Fundamental movement skills	Gymnastics/Dance	Gymnastics (large apparatus)	Games activities Throwing and catching	Running, jumping Throwing Sports day practise	Sports day practise Games activities
YEAR 1	Fundamentals (6) Ball skills (6) Yoga (2)	Sending and receiving (6) Dance (6) Yoga (2)	Gymnastics (6) Target games (6)	Fitness (5) Team building (5)	Athletics (6) Invasion games (6)	Net and wall games (6) Striking and fielding (6)
YEAR 2	Fundamentals (6) Ball skills (6) Yoga (2)	Sending and receiving (6) Dance (6) Yoga (2)	Gymnastics (6) Target games (6)	Fitness (5) Team building (5)	Athletics (6) Invasion games (6)	Net and wall games (6) Striking and fielding (6)
YEAR 3	Fundamental (6) Ball skills (6) Tag rugby (2)	Tag rugby (4) Dance (6) Dodgeball (2)	Gymnastics (6) Handball (6)	Fitness (5) Hockey (5)	Athletics (6) OAA (6)	Cricket (6) Tennis (6)
YEAR 4	Fundamentals (4) Ball skills (2)	Ball skills (2) Dance (5)	Gymnastics (6)	Fitness (5) Hockey (5)	Athletics (6) Netball (6)	Rounders (6) Tennis (6) Cricket (2)
	Swimming (7)	Swimming (7)	Swimming (6)			
YEAR 5	Netball (6) Tag rugby (6) Yoga (2)	Dodgeball (6) Dance (6) Yoga (2)	Gymnastics (6) Football (6)	Fitness (5) Hockey (5)	Athletics (6) OAA (6)	Cricket (6) Tennis (6)
YEAR 6	Netball (6) Tag rugby (6) Yoga (2)	Dodgeball (6) Gymnastics (6) Yoga (2)	Dance (6) Football (6)	Fitness (5) Hockey (5)	Athletics (6) OAA (6)	Rounders (6) Tennis (6)